



13 January 2022

Dear Upper Phase Parents and Carers,

As part of our Personal, Social and Health Education curriculum, we would like to invite you to a 'Puberty and Menstruation' information session. This will be an opportunity to find out more about our PSHE curriculum, how topics are delivered and what resources are used. It will also give you the chance to meet our PSHE curriculum leads. Our School Nurse will be in attendance.

The session will be held virtually on Zoom on Tuesday 18<sup>th</sup> January 2022, 10.00 – 11.30am.

If you are interested in joining then please email [office1@old-park.dudley.sch.uk](mailto:office1@old-park.dudley.sch.uk) and we will send you the Zoom link.

There will be an opportunity to ask questions. If there are any questions you would like to ask in advance, please include these with your initial email.

We look forward to seeing you.

Kind Regards,

Miss Jodie Colbourne  
Head teacher